



# WORK AT HEIGHT SERIES (PERFORM WORK AT HEIGHT / MANAGE WORK AT HEIGHT)

**Target Audience:**

**Perform Work At Height:**

- An employee who works at height

**Manage Work at Height:**

- An employee who supervises workers carrying out any work at height.
- A person who is appointed as competent of an authorized manager / assessor under permit-to-work (PTW) system for hazardous work at height.

**Duration:**

Perform Work At Height: 7.5 Hours  
(6 hours training + 1.5 hours assessment)

Manage Work at Height: 20.5 Hours  
(4.5 hours e-learning + 16 hours training + 5 hours assessment)

**Medium of Instruction:**

English

**Trainer to Trainee Ratio:**

1:20 (Classroom) / 1:10 (Practical)

**Course Outline:**

**Perform Work At Height:**

The competency unit aims to provide learners with the knowledge and skills in performing work at height in construction and other industry sectors.

The learning objectives are:

- Perform checks before and after use of Work at Height (WAH) equipment
- Perform proper use of WAH equipment in accordance to relevant legislation and guidelines, including evaluating use of fall arrest and fall prevention systems
- Perform self-relief techniques during harness suspension trauma situations

**Training Venue:**

ASPRI-Institute of Process Industry (ASPRI-IPI)  
ASPRI Integrated Training Centre (AITC)  
5D Jalan Papan, #01-38, Singapore (619421)

**Course Fee (incl. GST):**

*SDF and Absentee payroll Funding available for S'porean / PRs*

<b>Perform Work at Height</b>	<b>\$109.00</b> (Public)	<b>\$92.65</b> (ASPRI Member)
<b>Manage Work at Height</b>	<b>\$370.60</b> (Public)	<b>\$348.80</b> (ASPRI Member)

# WORK AT HEIGHT SERIES

## (PERFORM WORK AT HEIGHT / MANAGE WORK AT HEIGHT)

### Manage Work at Height:

The competency unit aims to equip the knowledge and skills in planning, supervising, assessing and managing of work at height.

The learning objectives are:

- Identify, explain and apply the relevant Workplace Safety and Health (WSH) legislation/Approved Code of Practice/Singapore Standards applicable to work at height
- Identify and explain the Roles & Responsibilities of stakeholders, competent and responsible persons.
- Identify hazards, evaluate the risk, and implement control measures for work at height
- Review the necessary fall preventive / protective control measures for safe execution of work at height
- Establish, evaluate, review and implement a Fall Prevention Plan
- Establish and implement a system for an effective monitoring and control of WAH risks
- Don, check and correct Individual Fall Protection Equipment and respond to a fall emergency

### Assumed Skills and Knowledge:

#### Perform Work At Height:

- Be above 18 years of age
- Have Employability Skills (ES) Workplace Literacy level 3 and above.
- Be able to manipulate numbers at a proficiency level equivalent to ES Workplace Numeracy level 3 and above.

#### Manage Work at Height:

- Be above 18 years of age
- Have at least WSQ ESS Workplace Literacy and Numeracy Level 4 and above or equivalent.
- Have the ability to carry out hazard identification, risk assessment, and risk control measures.

### Certification:

A Statement of Attainment (SOA) will be awarded to successful participants.

### Important note:

Participants are required to bring their personal document (*i.e.*, NRIC, valid Work Permit or In-Principle Approval and Passport), personal protection protective equipment (*i.e.*, Safety helmet, Safety shoes, Safety goggle and Safety gloves) and personal water bottle.

### Funding Information\*:

Funding is available for Singaporeans and PRs.

\*Terms and conditions apply

### Schedule and Registration:

Click [Here](#) for the schedule and course registration.

Please contact us at 6795 5700 or email to [enquiries@ipi.org.sg](mailto:enquiries@ipi.org.sg) if you require any assistance.