

WORK AT HEIGHT SERIES (PERFORM WORK AT HEIGHT / MANAGE WORK AT HEIGHT)



COURSE OUTLINE

Perform Work At Height:

The competency unit aims to provide learners with the knowledge and skills in performing work at height in construction and other industry sectors.

The learning objectives are:

- Perform checks before and after use of Work at Height (WAH) equipment
- Perform proper use of WAH equipment in accordance to relevant legislation and guidelines, including evaluating use off all arrest and fall prevention systems
- Perform self-relief techniques during harness suspension trauma situations

COURSE STRUCTURE

Duration:

Perform Work at Height: 7.5 hours
(6 training hours + 1.5 assessment hours)

Manage Work at Height: 25.5 hours
(4.5 e-learning hours + 16 training hours + 1.5 assessment hours)

Medium: English

Trainer to Trainee Ratio: 1:20 (Classroom) / 1:10 (Practical)

Training Venue:
ASPRI-Institute of Process Industry (ASPRI-IPI)
ASPRI Integrated Training Centre (AITC)
5D Jalan Papan #01-38, Singapore 619421

COURSE OUTLINE

Manage Work at Height:

The competency unit aims to equip the knowledge and skills in planning, supervising, assessing and managing of work at height.

The learning objectives are:

- Identify, explain and apply the relevant Workplace Safety and Health (WSH) legislation/ Approved Code of Practice/ Singapore Standards applicable to work at height
- Identify and explain the Roles & Responsibilities of stakeholders, competent and responsible persons.
- Identify hazards, evaluate the risk, and implement control measures for work at height
- Review the necessary fall preventive/ protective control measures for safe execution of work at height
- Establish, evaluate, review and implement a Fall Prevention Plan
- Establish and implement a system for an effective monitoring and control of WAH risks
- Don, check and correct Individual Fall Protection Equipment and respond to a fall emergency

Course fee (incl. GST):

SDF and Absentee payroll Funding available for S'porean/PRs

Perform Work at Height	\$109.00 (Public)	\$92.65 (ASPRI Member)
Manage Work at Height	\$370.60 (Public)	\$348.80 (ASPRI Member)

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TARGET AUDIENCE

Perform Work At Height:

- An employee who works at height

Manage Work at Height:

- An employee who supervises workers carrying out any work at height.
- A person who is appointed as competent of an authorized manager/ assessor under permit-to-work (PTW) system for hazardous work at height.

ASSUMED SKILLS AND KNOWLEDGE

Perform Work At Height:

- Be above 18 years of age
- Have Employability Skills (ES) Workplace Literacy level 3 and above.
- Be able to manipulate numbers at a proficiency level equivalent to ES Workplace Numeracy level 3 and above.

Manage Work at Height:

- Be above 18 years of age
- Have at least WSQ ESS Workplace Literacy and Numeracy Level 4 and above or equivalent.
- Have the ability to carry out hazard identification, risk assessment, and risk control measures.

COURSE CERTIFICATION

A Statement of Attainment (SOA) and safety pass will be awarded to successful participants.

IMPORTANT NOTES

Participants are required to bring their personal document (i.e., NRIC, valid Work Permit or In-Principle Approval and Passport), personal protection protective equipment (i.e., Safety helmet, Safety shoes, Safety goggles and Safety gloves) and personal water bottle.

FUNDING INFORMATION*:

Funding is available for Singaporeans and PRs.

*Terms and conditions apply

SCHEDULE AND REGISTRATION:



Please contact us at 6795 5700 or email to enquiries@ipi.org.sg if you require any assistance.

